2018 WORKSHOP SERIES

SAFE TRAVELS

Brown Bag

Please join us for the 2018 SAFE TRAVELS Brown Bag Workshop Series!
For further information and to RSVP for these sessions offered by Global Resiliency, go to https://global.arizona.edu/safe-travels

Supporting Safe International Travel
We will kick off the series for those in an administrative capacity involved in the advising, approving, routing, etc. of international travel. This workshop focuses on the overview of UA processes, resources and support, and information you should know to enhance the safety and preparation of your travelers.

Best Practices for Safe International Travel
Join this workshop to cultivate insights into identifying potential hazards, vulnerabilities, and travel risks. You’ll leave with some insights to fine-tune your travel preparation. All travelers and administrative staff are welcome to participate.

Natural Disasters
Dr. Susan Beck will share insights and best practices for preparing proactively and responding to earthquakes and other natural disasters.

Mental Health & Trauma
This workshop will share important proactive steps and tips for responding to a variety of mental health needs, including stress and trauma while abroad. This is intended for travelers seeking insights for personal practices or in support of other travelers. Administrative staff are welcome to participate.

Planning for Your Health Abroad
Join Dr. Harry McDermott to learn about preparing and responding to a variety of health complications and needs while abroad. This is intended for travelers seeking insights for personal practices or in support of other travelers. Administrative staff are welcome to participate.

What Could Go Wrong?!
Preparing for Emergencies Abroad
Participants will leave this workshop with insights to: preparing for a variety of increasingly complex emergency scenarios abroad; available resources and UA support; and some emergency plan templates. Previous attendance at “Best Practices for Safe International Travel” is recommended. This is intended for travelers seeking insights for personal practices or in support of other travelers. Administrative staff are welcome to participate.

Protect your Tech
Is it okay to use the free wi-fi at the airport? This conversation with experts will highlight steps travelers should take to enhance tech travel security practices. All travelers and administrative staff are welcome to participate.

Mindful Travel
Awareness and understandings of the environment, other travelers, and themselves is a critical component to traveler safety. This session will teach components of mindfulness and self-reflection to discover personal vulnerabilities, enhance awareness of an environment, and demonstrate the need to travel with intercultural knowledge and understanding.

For more information and to register:
Event: hbeggs@email.arizona.edu
Travel: lprovenc@email.arizona.edu

Sign up! global.arizona.edu/safe-travels